



Quarterly  
**NEWSLETTER**

**Mark your Calendar:**

September 2008 -  
Yearly Photo Calendar  
permission forms  
mailed to members

September 14, 2008  
Columbia HOG  
fundraiser

2008 PICNIC  
SLIDESHOWS &  
Heart kid video  
ONLINE

*Inside this Issue:*

Here's who joined us	2
What others had to say	3-6
HOPE HLHS 2008	6
How to make the most of your doctor's visit	7
What doctors had to say	8

**Newsletter  
Online - go to  
SERVICES page  
[www.littlehearts.org](http://www.littlehearts.org)**

*Share our newsletter with  
family, friends and your  
favorite PC and surgeon!*

**BOARD OF DIRECTORS**  
Lenore Cameron  
Tim Cameron  
Lisa June  
Rose Palmer  
Rita Pardee  
Stephanie Swabski

Have a question for  
**LITTLE HEARTS?**  
Email us at  
[INFO@littlehearts.org](mailto:INFO@littlehearts.org)

**MAILING ADDRESS:**  
P.O. Box 171,  
Cromwell, CT 06416

**Little Hearts' Picture of HOPE 2008**



*Here are 139  
kids born  
with a CHD  
who attended  
our 12<sup>th</sup>  
annual  
picnic. See  
page 2 for  
their names &  
DOB.*

- |  |   |
|--|---|
| Aortic Stenosis (AS) - 3                 | Shone's Syndrome - 2                          |
| Atrial Septal Defect (ASD) - 3           | Single Ventricle - 1                          |
| Atrioventricular Canal Defect (AVCD) - 3 | Sinus Venosus - 1                             |
| Cardiomyopathy - 1                       | Tetralogy of Fallot (TOF) - 17                |
| Coarctation of the Aorta (COA) - 7       | Transposition of the Great Arteries (TGA) -15 |
| Double Inlet Left Ventricle (DILV) - 3   | Tricuspid Atresia (TA) - 7                    |
| Double Outlet Right Ventricle (DORV) - 9 | Tricuspid Stenosis (TS) - 1                   |
| Ebstein's Anomaly - 1                    | Truncus Arteriosus - 2                        |
| Hypoplastic Left Heart Syndrome - 52     | Ventricular Septal Defect - 2                 |
| Pulmonary Atresia (PA) - 6               | WPW - 1                                       |
| Pulmonary Stenosis (PS) - 2              |   |

**Thank you to our picnic volunteers!**

Many thanks to the following picnic volunteers - we couldn't have done it without you! *From Cromwell* - Linda Cordone, Jenn Downes, Barbara Hauser, Julie McLaughlin, & Julie Schmidt. *From Little Hearts* - Tim, Matthew & Jeffrey Cameron, Paul Johnson, Cathy & Joey Panico, Rita Pardee, Julie Schlapfer, and Dawn & Tim Wilkins. *Picnic t-shirt design* - Lizzy, big sister to Katharine (TGA). *Catering volunteers* - Sheri Clifford, Amy Forler, Brenda Kerr, Keith Kerr, Mark Kerr, Marc Kerr, Andrea Kerr, Ashley Kerr, and Jenna Marhefki. *Music* - Mark Balisciano & Bill Downes from *Half Circle*. Ralph & Joan Johnson of *ABC PIZZA of Granby* for the great food at a great price. *From Big Y of E. Hartford* Store Manager, Dave Cournoyer & Human Resource Mgr, Aileen St. Laurent for your support and volunteering. *Columbia HOG* for the Harley bike rides - they were a big hit! Bill (Tricuspid Atresia) [www.psolka-photo.com](http://www.psolka-photo.com) for the wonderful photos of HOPE, HOG, and Doc shots and to Peter Mueller of [www.pemdesign.com](http://www.pemdesign.com) for taking awesome candids of the heart kids for our slideshow.

## Kids who joined us at the 12<sup>th</sup> annual picnic June 1, 2008

Visit our 2008 picnic slideshow and see candid photos of all the heart kids who joined us for the day.



- 1958 – David – ASD, Cleft Valve  
 1960 - Kimberly – DILV, PS  
 1965 – Bill – Tricuspid Atresia  
 1966 - Michael - ASD  
 1985 - Taryn - HLHS  
 1988 - Kenneth - HLHS  
 1990 - Alex - HLHS  
 1990 - Ben - HLHS  
 1991 - Josie – HLHS  
 1992 – Alicia – DORV, PS  
 1992 - Ashley - HLHS  
 1993 - Alex - HLHS  
 1993 – Christian – HLHS  
 1994 – Evan – TOG, TGA  
 1994 – Andrew – PA, TGA, VSD  
 1996 - Jeffrey - HLHS  
 1996 - Adam – TOF, PS  
 1996 – Andrew - TOF  
 1997 - Joey - HLHS  
 1997 - Matthew - HLHS  
 1997 - Timothy –HLHS  
 1998 – Isaac – TA, PS  
 1998 - Logan - COA, MVS  
 1998 - Jacob – HLHS  
 1998 – Michael – HLHS, PS  
 1998 - Zachary – DORV  
 1998 – Leah – AS, COA, ASD  
 1998 – Kyle - HLHS  
 1998 - Ben - HLHS  
 1998 - Maria - HLHS  
 1999 - Quinn - HLHS  
 1999 - Jacob - HLHS, TAPVR  
 1999 - Angelo - HLHS  
 1999 - Christopher – HLHS  
 1999 – Tyler - TGA  
 1999 - Nicholas - HLHS  
 1999 - Mollie - TGA  
 1999 - Pablo - TGA, VSD, PS  
 1999 - Drew - COA, ASD  
 1999 - Jake - HLHS  
 2000 - Adam - HLHS  
 2000 - Russell - HLHS  
 2000 - Zachary - TGA, VSDs  
 2000 - Amelia - PA, VSD  
 2001 - Andrea – DORV, PS  
 2001 - Timothy – HLHS  
 2001 – David - HLHS  
 2001 - Nicholas - Sinus Venosus  
 2001 - Brendan - HLHS  
 2001 - Cameron - TA  
 2001 - Christopher - DORV  
 2001 - Daena - HLHS  
 2001 - Adam - DORV, MA  
 2001 - Kelly - HLHS  
 2001 - Jennifer – TA  
 2002 – Tyler - TOF  
 2002 - Ryan - TOF  
 2002 - Isabella - HLHS  
 2002 - Alex - ASD primum  
 2002 - Eddie - TOF, PA  
 2002 – Anthony – DILV, TGA  
 2002 - Aaron - TGA  
 2002 - Bryna - TOF  
 2003 - Alec - HLHS  
 2003 - Daniel – HLHS  
 2003 – Abigail - HLHS  
 2003 - Jillian - L-TGA, PA  
 2003 - Emma - TGA, PS  
 2003 – Trevor - PS  
 2003 - Anthony – TOF, PA  
 2003 - David - TOF, PA  
 2003 – Alice – Aortic origin PA  
 2004 - Ewan - Tricuspid Atresia  
 2004 - Lilliana – VSD  
 2004 – Michael – TOF, PS  
 2004 - David - TOF, PA  
 2004 - Olivia - PA, PS  
 2004 - Pietro - PA  
 2004 - Andrew – HLHS  
 2004 – Megan - HLHS  
 2004 - Cameron - Aortic Stenosis  
 2004 - Janey - TOF, PA, VSD  
 2004 – Andrew - HLHS  
 2004 - Zachary - Shone's  
 2005 - Elena - TOF  
 2005 - Dale – TGA  
 2005 – Ariana – TGA, VSD  
 2005 - Bryce - HLHS w/IAS  
 2005 - Kallie - HLHS  
 2005 - Alex - COA, AS  
 2005 - Eden - DORV, PS  
 2005 – Abigail – AS  
 2005 – Benjamin - AVCD  
 2005 - Daniel - TOF, PA  
 2005 – Noelle – Single Ventricle  
 2005 - Akshaj - TGA, VSD  
 2005 – Emilia – TA, VSD  
 2005 – Ellie – AVCD, VSD  
 2005 - Cora - HLHS  
 2005 - Delaney - COA, VSDs  
 2005 - Faith - DILV, VSD  
 2005 - Nathan - DORV  
 2005 - Dylan - DORV, TGA, COA  
 2005 – Olivia – HLHS  
 2005 – Makayla - TOF  
 2005 - Audrey - PA, VSD  
 2005 - Maggie - HLHS  
 2005 - Lindsay - HLHS  
 2005 - Kaitlyn – AVCD  
 2005 – Will - WPW  
 2005 - Andrew - TGA, COA  
 2005 - Joseph - HLHS  
 2006 - Melissa - TGA  
 2006 - Aoife – Truncus  
 2006 – Skylar – COA, VSDs  
 2006 – Ella – HLHS  
 2006 – Carter – DORV, PS  
 2006 - Robert - ASD, PS  
 2006 - Jack - HLHS  
 2006 - Katherine – HLHS  
 2006 – Greta - HLHS  
 2006 - Blake – HLHS  
 2006 – Charlie - VSD  
 2006 - Annabel - HLHS  
 2006 - Kailyn - HLHS  
 2006 - Lillian – COA, AS  
 2006 - Samantha – TGA  
 2007 – Taylor - Truncus  
 2007 - Jonah – TGA  
 2007 – Christian – TOF  
 2007 – Eva – HLHS  
 2007 – Ava – TS, PS  
 2007 – John – Ebstein's Anomaly  
 2007 – Emily – TGA, VSDs  
 2007 – Penelope – TOF, PA  
 2007 – Jillian – Shone's Syndrome  
 2007 – Juliann – Cardiomyopathy  
 2007 – Mia – TOF  
 2008 – Teagan - TGA

## Here's what attendees had to say about our 12<sup>th</sup> annual picnic

*Written by Kelley & Anthony, parents to Anthony (TOF, PA) 2003 -New Jersey*

"I must admit I was hesitant in coming to the picnic the last few years, not because of how my son Anthony would react, but because of my own reaction. I honestly thought I would be completely overwhelmed with emotion. I didn't want my son to see this. Anthony has always known he has a special heart, however, now that he is getting to the age where he cannot participate in certain activities and such, he is becoming more aware. Ironically, three days before the picnic he pulled open his brother's shirt to see if he had a scar and a special heart. I explained at the picnic he would meet lots of boys and girls that had special hearts and scars just like him. The night before at the hotel we were speaking to another family and he asked a little boy and point at his chest to see if he was special too. I knew the decision to attend was perfect timing. I am sorry I waited this long to go. Not only for him, but for me as well. It was just a normal picnic, with exceptional people. We cannot wait for next year! I applaude you, your family and helpers. God bless us all!"

*Written by Maureen, mom to Penelope (Tetralogy of Fallot, PA) born 2007 - Connecticut*

"I just wanted to start off by thanking you and all of those that worked so hard to set up such a wonderful support system. My family and I had a wonderful time at the picnic and we cannot wait to go back next year with more "heart friends" that missed this year's picnic. Since I felt that I am still starting off on this journey, as my daughter just turned one, I constantly need the reassurance that she will most probably grow up very active and without the limitations I first envisioned. For me, it was a wonderful sight to see so many heart children playing and just being children that I actually teared up several times at the event! Yes, my daughter will need a couple more surgeries in the coming years, but that doesn't mean it will have to slow her down."

*Written by Julian, brother to Kenneth (HLHS) born 1988 - New Jersey*

"This picnic has meant the best of the world to me and family. We had an amazing experience sharing time with our family and other families; getting to know others with the same situation and hearing about their personal experiences has been great. This picnic overall is excellent!!! Thank you and all the people who made this possible."

*Written by Kenneth (HLHS) born 1988 - New Jersey*

"This picnic was great, like always. This was my 3<sup>rd</sup> picnic and meeting new members every year is priceless. Lenore always does an amazing job!!! Thank you so much for everything. My family and I look forward to next year's picnic."

*Written by Brian & Andrea, parents to Angelo (HLHS, PS) born 1999 -New York*

"What a beautiful day for a picnic. Lenore, once again a wonderful job, this was our 10<sup>th</sup> picnic!!! I can't believe how everyone has grown in just one year. The kids had a great time and it was great seeing our friends again. Rita, another great job with the raffle. I miss you guys already. Thanks to you, Tim, Matthew and Jeffrey for all your hard work to make the day such a success."

---

***Written by Barry Bricarell of Columbia Harley Owners Group of Columbia, CT***

"Thank you so much for inviting our group to be part of your annual picnic. Everyone had a story about how some touched them at this event. From just walking around and seeing the smiles on everyone's faces from the young children through the adults, it was wonderful. And when we were giving the kids rides on our bikes to watch how apprehensive they were to even get on to smiles as big as Texas and not wanting to get off it was a wonderful day. I had one girl on my bike and I asked how she liked the picnic and her response pretty much summed up the day for the kids as she said 'this is better than Christmas, better than my birthday, it is my own miracle day'. I did not know what to say after that. We had a wonderful time and enjoyed the picnic immensely."

***Written by Laura & Ray, parents to Charlie (VSD) born 2006 -Connecticut***

"We were first-time picnic attendees, and we're so glad we decided to go. First let me compliment you and the whole team on an incredibly well-organized and executed event. I can only imagine how complicated it is to pull off such a feat. It was fantastic! Secondly, it meant a lot to us to see all those normal kids running around - especially ones who have faced so many challenges even more daunting than Charlie's VSD. Unless they read the name tags, a casual observer would never know the nature of this picnic and I guess that's the whole point. It reassured us that year after year Charlie will still be one of those normal kids running around, playing, getting dirty and sticky and drinking too much soda. The picnic offered us a chance to connect with people just like us and "celebrate" (if I dare use that word) the hand we've been dealt together. To look at our children as the amazing, resilient little creatures they are. It reminds us to be resilient ourselves, and never to forget what's really important. Thank you again!"

***Written by Erika, mom to Christian (Tetralogy of Fallot) born 2007 -Massachusetts***

"I just wanted to say what a wonderful time my family and I had at the picnic. This was the first time attending and we could have not asked for a more beautiful day. I found it very comforting to meet with other families with the same heart defect and know that I am not alone in the everyday struggle for our children. I met some wonderful families who were also there for the first time. I look forward to attending next year's picnic and hopefully the years to come and look forward to seeing everyone there again next year!"

***Written by Fanny, mom to Emilia (Tricuspid Atresia, VSD) born 2005 -New York***

"Thank everyone at Little Hearts for putting this picnic together. It was our first picnic; my husband and I were so excited for our daughter, Emilia, to meet all her new friends. At one point it did get a little emotional because it's so great to see all of these brave, strong kids looking and acting as if they had no problems in the world. Their only concern was to have as much fun as possible which both of my kids did! The picnic is such a great way for OUR kids to grow up knowing they're not the only ones affected with these issues. Looking forward to next year."

***Written by Kelli, mom to Will (WPW) 2005 -Rhode Island***

"Derek and I had an amazing time with Will at the picnic this year. It was our first Little Hearts picnic experience, and we made a weekend out of it. From meeting families in the parking lot of the hotel to the pizza place on Saturday night, from the hotel swimming pool to the hotel brunch, and finally to the picnic on Sunday. It was very healing. We reconnected with families as well as created new bonds with new friends. Thank you for hosting such a powerful event."

---

*Written by Rita "The Raffle Lady", mom to Jacob (HLHS) 1998 -New York*

"I wanted to take a minute to let you know what the picnic means to me and why I do what I do. My husband and I came to our very first picnic in 1999 when Jacob was a little over a year old. The amount of people at that picnic was no where the size it is today. We walked around that picnic as "newbies" taking it all in, gawking at the older children and knowing there was hope for our son and truly amazed by the wonderful work of Lenore & Tim Cameron. I knew then and there I had to be part of this amazing team.

I had volunteered every year in one aspect or another, but working for a marketing company allows me access to many, many items at a reduced rate so doing the raffle table was a no brainer. I start collecting the items the day after the picnic and don't stop until the weekend of the picnic. I usually love what I do, but there are times it can get a bit too much. My children don't always like that I bring home toys and I won't let them have it because I bought them for Little Hearts. About six months after the raffle, I start running out of room to store everything and usually have to make a trip to the Little Hearts office in Connecticut just to get them out of my house. But all in all, I love what I do. The look on the faces of the kids as they walk up and down the aisle and see all the selections is priceless. I hear snip-its throughout the day, "mom, I have to have that toy" and the ever nagging rants of my own children to buy more tickets. The best part is seeing the kids home with their prizes. I have seen kids will silly items, but the fact that they won was all they care about. That is why I do it. Thank you to everyone who came to the picnic, bought tickets and support what Little Hearts does. You guys are what allows Little Hearts to continue on. Your support allows Little Hearts to do what they do and continue to grow."

*Written by Vivianne, mom to Tyler (Tricuspid Atresia) born 2002 - New Hampshire*

"The Little Hearts picnic was a wonderful experience for us. The food was great! There was so much for the kids to do. I know that Tyler had a blast. It has been so long since we have been in contact with people who have a child with a CHD. It was so encouraging for us to see the older kids and adults living normal active lives. It is those people that give us hope for the future. It was also nice to see a lot of babies and smaller children out and about. Talking with those families brought back a lot of memories from when Tyler was a baby and some of the struggles we faced. In the midst of all the fun there was so much giving and receiving of support and encouragement. It was a day well spent. My heart was just bursting with pride to see Tyler just being a normal kid and remembering just how far we have come. We'll be back next year!"

*Written by Laurie, mom to Benjamin (AVCD) born 2005 - Connecticut*

"This was our first time attending since we are new members. We brought Benjamin's grandparents along too and we all had a great time. We were all very impressed with everything about it. You did such a wonderful job with everything, including the food, music, raffle, clowns, balloons, etc. We enjoyed visiting with the other families. We were also happy to see Benjamin's cardiologist, Dr. Lapuk, there from CCMC and we visited a lot with him. It seemed funny seeing him outside the office setting. We had a great time and will definitely be attending again in the future!"

*Written by Amy &, parents to Emma (TGA, PS, ASD) born 2003 -Massachusetts*

"How great it is to be amongst so many people that share a common bond! Thank you Little Hearts, Cameron family and all the volunteers. To us, this is more than a picnic...it is a memory."

---



## Fifty two (52) children born with HLHS

*Taken June 1, 2008*

*Order your copy today for \$1.00  
online or by mail*

*In the front row are:*

1985 - Taryn

1988 - Kenneth

1990 - Alex, Ben

1991 - Josie

1992 - Ashley

1993 - Alex, Christian

1996 - Jeffrey

1997 - Joey, Matthew,

Timothy

1998 - Ben, Jacob, Maria, Michael,  
Kyle

1999 - Angelo, Christopher, Jacob,  
Jake, Nicholas, Quinn

2000 - Adam, Russell

2001 - Brendan, Daena, David,  
Kelly, Timothy

2002 - Anthony, Isabella

2003 - Abigail, Alec, Daniel

2004 - Andrew, Megan

2005 - Bryce, Kallie, Maggie, Olivia

*With a parent are:*

2004 - Andrew

2005 - Cora, Lindsay, Joseph

2006 - Annabel, Blake, Ella, Greta,

Jack, Kailyn, Katherine,

2007 - Eva



## More from others who attended our 12<sup>th</sup> annual picnic

*Written by Lynn, mom to Kailyn (HLHS) 2006 -Delaware*

"Thank you Little Hearts! We had a wonderful time at the 12<sup>th</sup> annual picnic. This was our second year attending the picnic and it was like seeing family. It was nice to catch up with the families we met last year and met new families. We look forward to next year."

*Written by Jean, mom to Alicia (DORV, PS) born 1992 -Massachusetts*

"It was a beautiful day and I could tell so much planning and work went into it. I can appreciate, as I help out with corporate functions for the company I work for! I think it was especially helpful having adults with CHDs available to talk with and give some insight and tips. As a parent of a child with a CHD, I often find myself being her "spokesperson" at doctor's visits, etc. The CHD adults at the picnic helped remind me that Alicia will soon be an adult that will need to find the advocate in herself and start to take charge of her healthcare plan. I think that was the best part of the picnic for me."

*Written by Sharon & Dave, parents to Ben (HLHS) born 1990 -Pennsylvania*

"As usual we had a great time at the picnic as well as dinner and the pool on Saturday. Ben enjoyed the ride on the motorcycle. We now look forward to next year!!!"

## How to Make the Most of Your Child's Doctor Visit *by Nancy Schiff, MSW*

A typical visit to a busy pediatric practice can be a stressful experience. The doctor may have dozens of patients and anxious parents filling the waiting room and many calls to return. Parents often feel rushed by a harried staff and are left feeling that they haven't made the most out of their time with their child's doctor. A check up with your child's pediatric cardiologist can add even more stress. Here are some pointers to help you insure "quality time" with your child's doctor.

If you are coming in for a sick visit, be prepared. "Present" your child's situation as you may have seen cases presented on medical TV shows. Start with the **chief complaint**. That is, what brings you to the doctor's office. For example, "Sarah has a barking cough and a fever." Then follow up with the **history of the present illness**. When did these symptoms begin? What have you done to treat your child, i.e., "I gave Sarah some Tylenol and cough medicine starting yesterday, but she hasn't gotten any better." This type of presentation will help the doctor focus quickly on the problem at hand.

Your child's cardiology check up is very important. You'll want to catch the doctor up on how your child has been feeling since the last time you were there, or from when she was discharged from the hospital. Are there any general pediatric health or developmental changes? How has your child's activity level been? Do you have questions regarding new activities or experiences that your child might be ready for or interested in? For example, "little league try outs are in a few weeks. Is it okay for Jason to go out for a team? If he can, should he have any restrictions?" What about trips that your family is planning? Don't assume that your doctor will be able to anticipate all that your child may experience or want to try in his world.

Bring a list of **medications** your child is on to *every* doctor visit. Your child might be taking something that this particular doctor did not prescribe. For example, your child might have been diagnosed with ADD by a psychiatrist and is taking aderol. This is important information for your pediatrician and cardiologist to be aware of. In the case of a child with congenital heart problems, new medications are particularly important to discuss with the cardiologist. In most cases, *before* they are prescribed.

Write down all your questions before you get to the visit. Your doctor may cover these on their own, but this way you'll make sure you don't leave the office with unfinished business. Also, take notes on what you are told and write down the answers to your questions. Don't be afraid to ask the doctor to pause in their explanation so you can do this.

In the case of adolescent patients, questions can get more complicated. Your teen may have questions for the pediatrician or the cardiologist that they want to keep private from you. It is a balancing act to keep the lines of communication open between all parties at this time, but at the same time it is important to respect your teen's privacy. Questions about birth control, drugs, drinking, and even tattoos and piercings have important health implications for any child, but particularly for a child with a congenital heart diagnosis. Sometimes a teen age girl might be more comfortable discussing issues with a female physician or nurse practitioner. If your child's doctor does not suggest a private talk with your child, perhaps the suggestion might come from you, the parent.

After you have answers to all your questions and have heard everything the doctor wants to tell you, remember that what you hear isn't always what the doctor thinks they have said. Make sure you understand all the important information you have been told. When the doctor has finished their explanation or given information, you might say, "in other words..." and repeat what you were told in your own words. That way any potential miscommunication will be cleared up.

It is helpful at times to bring another adult along to doctor visits, especially if there is something important to discuss. Two sets of ears are better than one. Also, another adult can be helpful to distract a fidgety young child so that you can pay attention to your important conversation.

If you think you need a longer than normal appointment, choose an off peak time. Ask the person who makes the appointments when the doctor has the most time. This is often during school hours.

A well informed, prepared parent makes doctor's jobs easier and helps to insure the best care for your child. A little pre planning and following these suggestions will make a big difference and will leave you an informed and empowered!

## Here's what the doctors had to say about our 12<sup>th</sup> annual picnic

*Written by Richard Berning, MD of CCMC, Connecticut*

"Watching my patients playing, laughing and having fun with each other far from the hospital was so fulfilling and motivating. It was obvious at the picnic that families supporting other families is invaluable, and is the heart and soul of Little Hearts."

*Written by Felice Heller, MD of CCMC, Connecticut*

"What a fabulous picnic it was! Everyone commented on how well organized it was. I am thrilled so many of my colleagues showed up. They were all very moved and inspired to see this wonderful group of kids and families. It validates all that we do, and helps us see these children in a much different context than a medical office or hospital bed. This support that you give to so many is just invaluable. Thank you for all that you do!"

*Written by Richard Jonas, MD of National Children's Hospital of DC*

"I was very sorry to have missed the recent picnic but unfortunately several emergency cases kept me in DC. I look forward to seeing the photos. Best wishes."

*Written by Terry Saia, RN of Boston Children's Hospital, Massachusetts*

"I want to thank you so much for inviting me to the Little Hearts Picnic. I thoroughly enjoyed the day and remain in awe of all that you and the Little Hearts parents have accomplished. It was wonderful to see the children and young adults in this environment, having fun with their families, far away from any doctor's office or hospital. The facilities were wonderful. My daughter and her friend had a wonderful time and they fell in love with the children. I plan on coming back next year and will encourage other nurses and doctors from the program to come as well."



Photo taken at Little Hearts 12<sup>th</sup> Annual Picnic

Felice Heller MD, Seth Lapuk MD, Dr. Mello,  
Richard Berning MD, Kitty Walker RN,  
Michael Freed MD, and Darshak Sanghavi, MD.  
*Missing from photo: Terry Saia RN,  
Richard Jonas MD, Michael Schneider MD,  
Alicia Wang, MD.*

Little Hearts welcomes Richard Berning, MD from CCMC to our Medical Advisory Board.



Photo taken at Little Hearts 12<sup>th</sup> Annual Picnic

Columbia Harley Owners Group of Columbia, CT will be holding their second annual bike ride to benefit Little Hearts on September 14<sup>th</sup>, 2008.

Join the HOG ride starting at 9AM or join us at the after event at 1:00. Food, refreshments and music will be available. Donations and pre-registration go to <http://www.daenasrun.com>